
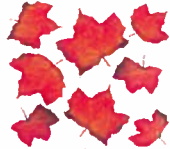


## September 2015 - Recreation for Adults & Families

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Shimmy Chic 6:30-7:30pm Gentle Yoga 7:30-8:30	3 AQUA Zumba Fit 5:15-6:15pm	4 AQUA Aerobics 10:45-11:45am	5
6	7 <b>LABOR DAY</b> 	8 Clay Workshop 6:30-8:00 Come make a slab box with Giana Eden	9 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Shimmy Chic 6:30-7:30pm Gentle Yoga 7:30-8:30 Adult Swim	10 AQUA Zumba Fit 5:15-6:15pm	11 AQUA Aerobics 10:45-11:45am	12 Family Ceramic Class 10:00-12:00pm
13	14 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Yoga & Meditation 6:30-7:30pm Adult Swim 6:30-7:30	15 Tole Painting 6:30-8:00 A beautiful way of painting on wood With Bonnie Maltese	16 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Shimmy Chic 6:30-7:30pm Gentle Yoga 7:30-8:30 Adult Swim – 6:30	17 AQUA Zumba Fit 5:15-6:15pm	18 AQUA Aerobics 10:45-11:45am <b>Art in the Perk 7-9 pm</b> A gathering of artists and musician At Café Euro	19
20	21 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Yoga & Meditation 6:30-7:30pm Adult Swim 6:30-7:30	22 Drawing With Mixed Mediums 6:30-8:00 Draw with Candice McKinley and explore a variety of art materials.	23 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Shimmy Chic 6:30-7:30pm Gentle Yoga 7:30-8:30 Adult Swim	24 AQUA Zumba Fit 5:15-6:15pm	25 AQUA Aerobics 10:45-11:45am <b>Art in the Perk 7-9 pm</b> A gathering of artists and musician At Café Euro	26
27	28 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Yoga & Meditation 6:30-7:30pm Adult Swim 6:30-7:30	29 Clay Workshop Part 2 6:30-8:00 Glazing boxes made in clay workshop	30 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Shimmy Chic 6:30-7:30pm Gentle Yoga 7:30-8:30 Adult Swim			 Aqua classes will move indoors as the weather cools!

# Recreation for Adults and Families-- CALENDAR for September 2015

Location for most classes: Cracker Williams Recreation Center, 245 E. Bay Street, Jesup GA 31546

## ongoing classes

- Aqua Zumba Fit -Monday, Wednesday, & Thursday 5:15-6:15pm - Deidre Lyons
- Yoga Variations - All classes 6:30-7:30pm Monday, Wednesday, & Thursday
- Shimmy Chic - Wed. 6:30-7:30 pm - belly dance for fitness, Leona Harter.
- Aqua Aerobics-Mon. Wen Fri. 10:45-11:45am - Giana Eden and June Scott.
- Tuesday evening art & craft classes continue as scheduled. Come start a new hobby!

## art & crafts

- 9/8 Clay Workshop This will be a slab building class and each participant will create a lidded box. This will be a two part workshop.
- 9/15 Tole Painting Learn a technique of painting on wood using layers of acrylic paints.
- 9/22 Drawing with mixed mediums. Explore different art materials to add life and excitement to your drawings.
- 9/29 Part two Clay workshop. Glazing boxes made on Sept. 8
- Most classes are \$5 per person. For more information or to schedule an art and craft party, call Giana Eden at 427-6081.

## special events

- Wayne County Ceramics Club will host an open house workshop on 9/12 from 1pm-5pm. over 1000 molds to choose from! come learn the basics of pouring and painting a beautiful ceramic piece. Taught by Harry Harrington, a master ceramicist!
- Art in the Perk will resume at CAFE EURO this month, Sept. 18. A creative gathering at our local downtown coffee shop. Artists and musicians create together with music, coffee, ice cream and a new art project each week. Come join the fun!

## volunteers & teachers wanted

- We need **your** participation! Please help our community grow and help us provide more arts and leisure opportunities for our families, adults and seniors!
- Teaching through Arts & Leisure can provide you with an outlet to share some skill or interest with others. Let us help you schedule and promote your idea of recreation! Call today for more information (912)427-6081.