



Arts & Leisure

WAYNE COUNTY PARKS & RECREATION



August 2015 - Recreation for Adults & Families

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 	3 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Yoga & Meditation 6:30-7:30pm \$3.00 Adult Swim 6:30-7:30 Free class	4 Open House for all schools 3:30-6p.m. Drawing CLASS 7 pm - 8 pm \$5.00	5 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm \$3.00 Adult Swim 6:30-7:30 Free class	6 Back to School AQUA Zumba Fit 5:15-6:15pm Yoga Fit 6:30-7:30pm \$3.00	7 Aqua Aerobics 10:45-11:45am \$3.00	8 Family Ceramic Class 10:00-12:00pm
9	10 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Yoga & Meditation 6:30-7:30pm \$3.00 Adult Swim 6:30-7:30 Free class	11 Clay Sculpture Class 7 pm -8:30 pm \$5.00	12 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Shimmy Chic 6:30-7:30pm \$3.00 Adult Swim 6:30-7:30 Free class	13 AQUA Zumba Fit 5:15-6:15pm Yoga Fit 6:30-7:30pm \$3.00	14 Aqua Aerobics 10:45-11:45am \$3.00	15 
16	17 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Yoga & Meditation 6:30-7:30pm \$3.00 Adult Swim 6:30-7:30 Free class	18 Flower Circle Pins 7pm-8pm \$5.00	19 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Shimmy Chic Fitness 6:30-7:30pm \$3.00 Adult Swim 6:30-7:30 Free class	20 AQUA Zumba Fit 5:15-6:15pm Yoga Fit 6:30-7:30pm \$3.00	21 AQUA Aerobics 10:45-11:45am \$3.00	22
23 	24 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Yoga & Meditation 6:30-7:30pm \$3.00 Adult Swim 6:30-7:30 Free class	25 Art Button Making 7pm-8pm \$5.00	26 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Shimmy Chic Fitness 6:30-7:30pm \$3.00 Adult Swim 6:30-7:30 Free class	27 AQUA Zumba Fit 5:15-6:15pm Yoga Fit 6:30-7:30pm \$3.00	28 AQUA Aerobics 10:45-11:45am \$3.00	29
30 Dog Park Bow Wow 3:00-4:00 Cracker Williams Park Friendly dogs Welcome !	31 AQUA Aerobics 10:45-11:45am AQUA Zumba Fit 5:15-6:15pm Yoga & Meditation 6:30-7:30pm Adult Swim 6:30-7:30 Free class					

Recreation for Adults and Families-- CALENDAR for August 2015

Location for most classes: Cracker Williams Recreation Center, 245 E. Bay Street, Jesup GA 31546

Most Art and Craft Classes are \$5.00, all materials provided.
Fitness classes are \$3.00

ongoing classes

- NEW! ADULT SWIM Monday & Wednesday Evenings 6:30-7:30 Lap swim Free Pool Time for serious swimmers or walkers!
- Aqua Zumba Fit -Monday, Wednesday, &Thursday 5:15-6:15pm
- Yoga Variations - All classes 6:30-7:30pm Monday, Wednesday, & Thursday
- Aqua Aerobics-Mondays, Wednesdays and Fridays, 10:45-11:45am.
- Shimmy Chic Fitness -- Wednesdays at 6:30 p.m.
- Tuesday evening art & craft classes continue as scheduled. Art and Craft activities for families, children, and teens. Taught by our local artists participating in the Arts & Leisure Division of our Parks & Recreation Department .

art & crafts

- 7/4 DRAWING CLASS! -- 7 to 8 p.m. Candice McKinnley taught a multi media drawing class
- 7/8 Family Ceramics Class --10 a.m. to Noon. Harry Harrington introduces prospective members to the Ceramic club
- 7/11 Clay Sculpture Class -- 7 to 9 p.m Giana Eden will teach basic hand modeling skills.
- 7/18 Flower Circles -7pm-8pm Jessi Brannen will teach this relaxing and enjoyable class! Make beautiful silk flowers that you can use for a variety of purposes. ADULTS, OR TEENS ONLY.
- 7/25 Art Buttons 7-8 PM Art Buttons are so much fun. Create unusual art work on a small scale and make beautiful unique buttons with a button machine!
- Most classes are \$5 per person. For more information or to schedule an art and craft party, call Giana Eden at 427-6081.

special events

- Adult Swim will begin this month! Lap lanes and lifeguards will be on hand for serious swimmers to exercise for an hour from 6:30-7:30
- The WCR Dept. is glad to provide this opportunity free of charge to encourage swimming as fitness for adults
- Dog Park Bow Wow- Dog owners interested in a Jesup Dog Park will meet up at Cracker Williams Park, near the tennis ct, to discuss a plan of action!
- Running Wayne County is a newly formed running club that meets three times a week at Jaycee Stadium on Drennon Drive. Meets Mon, Tues, and Thurs. at 6pm; runners are welcome, new members wanted! Call Kevin McReady at 221-0257 for more information.D

volunteers & teachers wanted

- We need **your** participation! Please help our Rec. Dept. grow and help us provide more recreational opportunities for our families, adults and seniors!
- Teaching through Arts & Leisure can provide you with an outlet to share some skill or interest with others. Let us help you schedule and promote your idea of recreation! Call today for more information (912)427-5915